

# Programming Patients for Health

There is more and more research demonstrating that one of the most important factors influencing patient wellbeing is their mindset. Health practitioners across the board have the power to affect patient wellbeing for better or worse, often unconsciously.

## Aim

This programme demonstrates the importance of the subconscious mind in patient wellbeing and introduces health professionals to aspects of medical NLP and a consultation model based on business best practice that is aimed at enhancing rapport and concordance. Working through practical examples with plenty of interaction, many feel that these have been the missing item in the 21st century health professional's toolkit.

## Target Group

Medics, health & complementary practitioners, carers and all those who regularly interact with patients and would like to enhance the health benefits of their consultations.

## Times

9.30 – 5.00pm

## Course Content

By the end of the course delegates will:

- Understand the difference between the Conscious and Subconscious mind and how this affects patient well being
- Be able to identify the difference between red, amber and green language when consulting with patients
- Be familiar with the PLEASE© patient consulting model and how to use it to improve concordance
- Have enhanced awareness and skills in the application of NLP and psychology to achieve beneficial health outcomes

## Training Methods

A mixture of input, lots of application and exercises, self-directed learning and group discussions

Prices are inclusive all materials (certificates and handouts), lunches and refreshments.

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organisational development consultancy

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